

Suggested Interview Questions

dotcalm

the
search
for
sanity
in a
wired
world



1. How has technology impacted our lives and the way we handle our work?
2. How does our 24/7 world impact organizations and the ways we manage our work?
3. What is Access Overload? Information Overload? Work Overload?
4. What are some signs of overload?
5. What does your research reveal regarding solutions to problems created by overload?
6. What are some specific ways people can implement key solutions in their lives?
7. How do organizations contribute to overload?
8. What can organizations do to help employees manage access, information and work overload?
9. What is the "e-communication" culture of an organization and how should organizations manage this?
10. Do different generations approach problems associated with overload differently?
11. Are you suggesting that working hard is a bad thing?
12. What is the most important message in **Dot Calm** ?
13. Why did you write **Dot Calm** ?
14. What does it mean to you to live in a state of **Dot Calm** ?

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